



Stewart Mineral Springs presents Peruvian Inca Mysticism Training

with Elizabeth Jenkins

August 2, 2010 9:30am to August 7, 2010 6pm

Introduction to Inka mysticism

This 16,000 year-old tradition of nature mysticism was brought to a height during the Inka Empire, 1100-1532 AD. This fascinating spiritual tradition teaches students how to interact with the Kausay Pacha, the world of 'living energies. The Inka language reflects their preoccupation with the "energy world" and human experiences of living energy. There is no such thing as "negative energy", only heavy energy called hoocha and rarefied energy called sami. Initiates are taught how to "eat" and "digest" or transform heavy energies that may lead to illness, depression, and conflict. Initiates are also taught to harmonize the poq'po, or human energy field, with the 5 elements and the forces of nature, leading to a high state of personal energy, happiness, and feeling connected to life. Elizabeth Jenkins is a licensed psychotherapist and initiated fourth-level priest.

Level I

In this introductory class, you will learn:

Cosmovision & Prophecy,
Structure of the Inka tradition
7 energy principles, & 7 eyes
The Law of Ayni = sacred reciprocity
Yanantin/Masintin = harmonious relationship between different things
The Right and Left Hand Paths
Karpay = Initiation or Transmission
Qawaq = Clairvoyance Andean Style
Practices and Application
Saminchakuy = receiving refined energy and releasing heavy energy
Hoocha Mijuy = eating and digesting heavy energy
Karpay Ayni = exchange of personal power
Yanachakuy = Ring of Power
Nawi Kachay = Opening the Seven Eyes
Runa Mast'ay = forming and using the collective bubble
Saywachakuy = creating a column of living energy

Level II

Introduction to Inka Mysticism. You will learn precisely HOW to make a despacho. This is accomplished through identifying your local Apu Ayllu—the male and female nature spirits that surround you where you live. This knowledge allows you to invoke and make offerings to the Apus and Nusta's where you live or any other location in which you may be working and may want extra energy, help, and power to achieve your goals. To further work in the Andean Path you must have your own MESA, which is like a portable altar, or power pack that represents YOUR personal connections to nature spirits and sacred places and people of power with whom you are connected.

In Level II, you will learn:

- 1) How to Make a Despacho to feed your local nature spirits.
- 2) How to gather and organize the "khuyas" or power objects for your mesa.
- 3) The Six uses of the Mesa listed below for ceremonies and healing, including a very powerful practice of "soul retrieval" Inka-style.
- 4) More specialized techniques for harmonizing and integrating the male and female aspects within you to fully arrive at the FOURTH level.
- 5) Advanced and more powerful HOOCHA EATING techniques.
- 6) How to contact the Phausi Runa, or spirits of running water, for help with art, writing, and creativity.
- 7) We complete this second level training with another Karpay ceremony in which you will learn how to give "karpay" with your own MESA!

Level III

Learning to see with all your eyes! Level III primarily addresses the real work of attaining the fourth-level. Working with the Eradication of fear and fear-based behavior! Trusting your true nature, your natural self. The real entrance into the fourth level has to do with the ending of projecting your power onto others and the integration of the Royal Couple—the inner male and female.

At this level a new psychological vistas are open to you that you could not have from the third level. You can see your own shadow clearly and you do not polarize situations—you harmonize them! Polarity is the mark of the 3rd level. Harmony is the mark of the 4th level. Harmonizing more deeply with nature

through talking, walking, speaking with trees, food, fruit, etc.

Specifically what you will learn in level III training:

- 1) Advanced work with lifetime or Encrusted Hoochas
- 2) Advanced work with Battle between the sexes=Male and Female exercises.
- 3) Advanced Ring of Power techniques. We use our polarity to help and serve the others
- 4) HEALING with the "Ñawi" or Eyes of the bubble.
- 5) Working directly with The Seven Energies of the unconscious
 - a) Fear
 - b) Anger/self hatred
 - c) Jealousy or envy
 - d) Desire/Greed
 - e) Pride
 - f) Shame
 - g) Deception
- 6) DEEP exercise for advanced work with the five "Ñawi" or Eyes of the bubble. Learning to see with the whole bubble!
- 7) Advanced work with the Seqe's - Using Seqe's or being used by them!
- 8) Eating and incorporating more nature energies! We will work with Eating and Incorporating Many more nature energies—storms, rainbows, lightning, hurricanes, clouds, rain etc.
- 9) Hawaiian style of Karpay Ayni using the "Ha" and the Honi honi.
- 10) Saminchakuy = receiving refined energy and releasing heavy energy vistas are open to you that you could not have from the third level.

Cost includes training fee, lodging, breakfast and lunch, ceremony materials.

Cost:

Training cost with variable housing options range from \$1,300 – \$1,725.

Non-refundable deposit of \$150.00 to reserve your space. Early registration and monthly payment plan recommended. We accept cash, check, and credit card (Visa, MasterCard, Discover). Space is limited to 40 participants. The entire retreat cost must be paid by the beginning of the training. This course is the prerequisite to the Peru Hartun Karpay (Great Initiation) trip.

Contact Rowena Pantaleon at info@smspringsresort.com for information or registration.